

*Let us help you...*

Caring for a loved one at home during times of change or increased need can feel overwhelming.

Having an experienced nurse alongside you — someone who can gently guide, support, and reassure you — can make a meaningful difference during these moments.

At Sisternightingale Home Nursing, we feel deeply privileged to be welcomed into people's homes. As a female-owned and operated service, with a small, locally based team, we take a personal, relationship-focused approach to the care we provide.

Our team brings a quiet sense of calm into each home, supporting not only the individual, but the entire family. It's this ability to connect, comfort, and gently guide that families often tell us makes a lasting difference.

Our focus is to support those who wish to remain at home — in a place that feels familiar, safe, and surrounded by the people they love. We believe care at home should feel gentle, respectful, and truly personal.

If you feel we may be able to support you or your family through Support at Home, we warmly encourage you to reach out




[www.sisternightingale.com.au](http://www.sisternightingale.com.au)





**CONTACT US TO DISCUSS  
HOW WE CAN HELP YOU.**


*Contact us:*

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*Compassionate care  
when you need it  
most.*



**ILLAWARRA BASED  
AGED CARE PROVIDER**

**Support at Home  
Home Nursing  
Palliative & End of Life Care  
(End of Life Pathway for 65+)**

# The Sinternightingale Story...

Sinternightingale Home Nursing is a locally owned, family-run service built on a shared commitment to caring for our community with warmth, integrity, and genuine compassion.

Sarah and Jade bring over 25 years of experience each — Sarah as a Registered Nurse, and Jade in Administration and Finance — combining clinical expertise with thoughtful, person-centred coordination behind the scenes.

Our nursing team is made up of trusted, highly experienced general & palliative care nurses who understand the depth and sensitivity of the care they provide. This is not just what we do — it is something we care deeply about.

Sarah has spent many years working within the public health system across the Illawarra, as well as in rural and remote communities throughout Australia. Since 2018, she has dedicated her practice to palliative care, developing a deep understanding of the end-of-life journey.

If you feel we may be able to support you or your family, we welcome you to reach out. We are here to walk alongside you, every step of the way.

[www.sinternightingale.com.au](http://www.sinternightingale.com.au)

## What we offer:

### Support at Home

#### End of Life Pathway (Federal Government funding of \$25,000 up to 16 weeks).

Contact us for more information on how to access the My Aged Care 65+ Support at Home - End of Life Pathway funding of \$25,000 for up to 16 weeks.

Sinternightingale Home Nursing provides clinical nursing support under this pathway, with immediate availability.

Our care is delivered by experienced Registered Nurses and Endorsed Enrolled Nurses, ensuring you receive safe, high-quality clinical support in the comfort of your home.

Our team brings extensive experience in supporting clients with complex and changing needs, providing care that is both clinically skilled and gently delivered.



## Local Care That Supports You Through Life's Changes.

### My Aged Care (MAC) Support at Home

Support at Home is about helping people remain in the place they feel most comfortable — their home — with the right support around them.

It brings together clinical care, daily support, and coordination in a way that feels seamless, personalised, and responsive to changing needs..

We are here to walk alongside you and your loved ones, offering calm guidance, reassurance, and a steady presence when it's needed most.

Sinternightingale provides the following services via Support at Home:

- **Clinical & nursing care**
- **In-home respite**
- **Palliative & end-of-life care**
- **Personal care & daily living support**
- **Cognitive, emotional & social support**
- **Domestic assistance**
- **Shopping, transport & community access**
- **Home safety, equipment & modifications**
- **Care coordination & case management**
- **Carer support Allied health coordination**