

*Let us help you prepare...*



Caring for a loved one at home, at end of life, can be overwhelming. Having an experienced Palliative Care Consultant guide you through one of the toughest times, can make an enormous difference.

We believe it is an enormous privilege to be able to provide both practical assistance and also emotional support, in a mostly traumatic and highly stressful time. It is our priority to support those wishing to have their end of life care at home in a familiar environment, surrounded by loved ones.


We can help you prepare, and support you and your loved ones during this emotional journey.



**CONTACT US TO  
SCHEDULE A FREE 30  
MINUTE CONSULTATION  
TO DISCUSS YOUR  
SPECIFIC NEEDS**


*Contact us:*



 0403 783 329

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 @sisternightingale1

Compassionate care  
when you need it  
most.



**Palliative & End of  
Life care in your  
home.**

# The Sisternightingale Story...

**Sisternightingale** is a locally owned family business which combines Sarah's 22 years experience working as a Registered Nurse and Jade's 20+ years experience in Administration & Finance. Our nursing staff are all trusted and experienced Palliative care nurses.

Sarah has worked in the Public health sector throughout the Illawarra for many years, as well as Rural & Remote nursing across Australia and has worked specifically in Palliative Care since 2018. She has an in-depth knowledge of the end of life process and an ability to relate to, reassure and support clients and their families - with this also being a common theme in feedback from families we have assisted.

Our priority is to support those wishing to have their end of life care at home, in a familiar environment surrounded by loved ones.

If you think we may be able to assist you, please reach out.

[www.sisternightingale.com.au](http://www.sisternightingale.com.au)

## What we offer:

### Cost effective 24hr phone support packages

We want to be able to ensure our clients have support through the after hours, particularly overnight.



### Customised Private Nursing packages

Care is tailored to support each individual situation, taking into consideration the networks and support available to each client.

### Voluntary Assisted Dying (VAD) packages

We offer packages which are aligned to support this process and work alongside the Specialist doctors and GP's

## HOLISTIC CARE

Alongside the public community health services, we can provide a truly effective support network for families during a very stressful and emotional time.

## OPEN & HONEST COMMUNICATION

Too often, we dance around the subject of death and do not have time to mentally prepare for the process. With this approach, we can provide a truly effective support network for families during a very stressful and emotional time.

## CARING FOR THE CARER

Along with caring for our terminal clients, we focus just as much on "caring for the carer". We offer kind and practical advice and also education on caring for someone at end of life. We also liaise with other health professionals such as GPs and the Illawarra Community Palliative care team.